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About Interim Disability Assistance Programme for the Elderly (IDAPE)

1. What is the Interim Disability Assistance Program for the Elderly (IDAPE)?

It is an assistance scheme that was set up in 2002 for a small group of seniors who were not eligible for ElderShield at the time because they were too old or had pre-existing disabilities. If these seniors develop severe disability, they can receive \$150 or \$250 monthly cash payout (depending on their financial circumstances) for up to 72 months.

2. What can I use the payments for?

There is no restriction on how the payments should be used for, as long as it is used for the care of the disabled IDAPE claimant. For example, you can use the payment for the following:

- Medical bills
- Nursing costs
- Hiring of a foreign domestic worker (FDW) as a helper to care for the disabled IDAPE claimant

3. Who can I nominate as the payee?

You may nominate yourself, a caregiver who is 18 years old and above, or a nursing home that you are residing in to receive your IDAPE payment.

Am I eligible for IDAPE?

To be eligible for IDAPE, you must meet the following four criteria:

1. **Citizenship**

Be a Singapore citizen and living in Singapore.

2. **Age**

- Born on or before 30 September 1932; OR
- Born between 1 October 1932 and 30 September 1962 (both dates inclusive) with pre-existing disabilities as of 30 September 2002.

3. **Household Means Test (HHMT)**

| Household monthly income per person* | Monthly Cash Benefits |
|--|-----------------------|
| \$0 – \$1,800 *For household with no income, annual value (AV) of property must be ≤ \$13,000 | \$250 |
| \$1801 – \$2,600 | \$150 |

4. **Have Severe Disability**

- Assessed by IDAPE appointed assessors to be unable to perform at least **3 of the 6 Activities of Daily Livings (ADLs)**. The six activities of daily livings are:



How do I apply for IDAPE?

STEP 1:

Prepare the following documents for Household Means Test:

1

Completed Household Means Test (HHMT) Declaration Form*

2

Clear photocopies of NRIC / birth certificate¹ / FIN² of applicant and all household members in the same NRIC address

3

The latest pay slip / employment letter or any income document for those who:

1. Have gross monthly income of above \$5,000; or
2. Are foreigners

Note:

¹Birth certificates are only applicable for those who are below 15 years old.

²Photocopy of FIN are only applicable for household members.

*Visit www.silverpages.sg for relevant forms.

Note:

Follow Step 1-2 if you have not been means-tested in the last two years. Otherwise, proceed to Step 3.

Note:

If your income changes every month, please submit your pay slip / employment letter or any income document of the last **three** months.

STEP 2:

Mail original HHMT form and documents in Step 1 to:

MOH Holdings
Harbourfront Centre Post Office
PO Box 074
Singapore 910932

For more information on HHMT, please contact MOH Holdings at **1800-275-2427** or mohh.nmtsadmin@mohh.com.sg.

STEP 1:

Prepare the following documents:

1 Completed AIC Scheme Application Form*

*Visit www.silverpages.sg for the relevant forms.

2 Copy of care recipient's NRIC (front and back)

Payment to care recipient

3a Copy of care recipient's bank statement / book

OR

Payment to Caregiver

3b Copy of caregiver's NRIC (front and back)

3c Copy of caregiver's bank statement / book

Note:
Doctor's certification for mental incapacity is only valid for six months, unless stated permanent.

Note:
Please do not nominate Hong Leong Bank accounts as they do not accept GIRO payment arrangement.

Note:
All changes made in the bank book must be signed by the bank.

Note:
The Functional Assessment Report (FAR) used by PioneerDAS and FDW Grant cannot be used by IDAPE application.

Note:
Only appointed assessor trained and accredited by MOH can perform disability assessment.

STEP 2:

Contact an IDAPE appointed assessor for disability assessment

Visit www.silverpages.sg for a list of IDAPE appointed assessors. Contact the assessor to make an appointment.

STEP 3:

Attend disability assessment

1 The assessor will conduct the assessment and collect IDAPE application documents in step 3. You can also make arrangements for a house call if your circumstances call for this.

2 The assessor will collect the following fee from you:

| | Born before 1 Oct 1932 | Born on or after 1 Oct 1932 |
|--------------------------------|------------------------|-----------------------------|
| | You pay: | |
| You visit an Assessor's Clinic | \$10 | \$50 |
| An assessor visits your house | \$40 | \$150 |

3 The assessor will submit your application to AIC directly. If your claim is successful, the full assessment fee will be reimbursed to you.

After your application submission:

- AIC will inform you of the application outcome in writing.
- If your application is approved, AIC will deposit payment into the nominated bank account on a monthly basis. If you do not receive the payment by the end of every month, please inform us immediately.

How do I apply for IDAPE if I am a nursing home resident?

STEP 1:

Prepare the following documents for Household Means Test:

1

Completed Household Means Test (HHMT) Declaration Form*

2

Clear photocopies of NRIC / birth certificate¹ / FIN² of applicant and all household members in the same NRIC address

3

The latest pay slip / employment letter or any income document for those who:

3. Have gross monthly income of above \$5,000; or
4. Are foreigners

Note:

¹Birth certificates are only applicable for those who are below 15 years old.

²Photocopy of FIN are only applicable for household members.

*Visit www.silverpages.sg for relevant forms.

Note:

Follow Step 1-2 if you have not been means-tested in the last two years. Otherwise, proceed to Step 3.

Note:

If your income changes every month, please submit your pay slip / employment letter or any income document of the last **three** months.

STEP 2:

Mail original HHMT form and documents in Step 1 to:

MOH Holdings
Harbourfront Centre Post Office
PO Box 074
Singapore 910932

For more information on HHMT, please contact MOH Holdings at **1800-275-2427** or **mohh.nmtsadmin@mohh.com.sg**.

STEP 3:

Approach your nursing home for disability assessment:

Your nursing home can help to complete the Residential Assessment Form (RAF). If you are assessed to be in category 4, please proceed to step 4.

STEP 4

Prepare the following documents:

1

Completed AIC Scheme Application Form*

2

Copy of care recipient's NRIC (front and back)

*Visit www.silverpages.sg for the relevant forms.

Payment to care recipient

3a

Copy of care recipient's bank statement / book

OR

Payment to caregiver

3b

Copy of caregiver's NRIC (front and back)

3c

Copy of caregiver's bank statement / book

OR

Payment to NH

3d

Approach your nursing home for assistance

Note:
Nursing homes will reflect the IDAPE payout in your nursing home bill.

Note:
Please do not nominate Hong Leong Bank accounts as they do not accept GIRO payment arrangement.

Note:
All changes made in the bank book must be signed by the bank.

STEP 5:

Submit your application to AIC:

1a

The nursing home may help to submit your application to AIC.

OR

1b

You may email documents in Step 4 to apply@aic.sg

OR

1c

You may mail documents in Step 1 to:

Agency for Integrated Care
7 Maxwell Road #04-01
Annexe B MND Complex
Singapore 069111

OR

1d

You may submit documents in Step 4 at any of our AICare Links in the attached annex

Note:
Keep the original form for your own reference.

After your application submission:

- AIC will inform you of the application outcome in writing.
- If your application is approved, AIC will deposit payment into the nominated bank account on a monthly basis. If you do not receive the payment by the end of every month, please inform us immediately.

How do I change my IDAPE payment account?

STEP 1

Prepare the following documents:

1

Completed Change in Application Details Form*

*Visit www.silverpages.sg for the relevant forms.

2

Copy of care recipient's NRIC (front and back)

Payment to care recipient

2a

Copy of care recipient's bank statement / book

OR

Payment to Caregiver

2b

Copy of caregiver's NRIC (front and back)

2c

Copy of caregiver's bank statement / book

OR

Payment to NH

2d

Approach your nursing home for assistance

Note:
Changing payment account for IDAPE will not change the payment bank account for FDW Grant and PioneerDAS.

Note:
Please do not nominate Hong Leong Bank accounts as they do not accept GIRO payment arrangement.

Note:
All changes made in the bank book must be signed by the bank.

STEP 2:

Submit your application to AIC:

1a

Email documents in Step 1 to apply@aic.sg

OR

1b

Mail documents in Step 1 to:

Agency for Integrated Care
7 Maxwell Road #04-01
Annexe B MND Complex
Singapore 069111

OR

1c

Submit documents in Step 1 at any of our AICare Links in the attached [annex](#)

Note:
Keep the original form for your own reference.

After your change application submission:

- AIC will inform you of the change application outcome in writing.
- If your change application is approved, AIC will deposit payment into the nominated bank account on a monthly basis. If you do not receive the payment by the end of every month, please inform us immediately.

What should I do when I change my address?

STEP 1:

Email the following to apply@aic.sg

1a

- I. Indicate the following in **email subject**:
 - Change of Address
- II. Indicate the following in the **email content**:
 - Care recipient's name
 - Care recipient's NRIC number
 - Care recipient's new address
 - Requestor's name and contact
- III. **Attach** the following in the email:
 - A copy of the care recipient's NRIC (front and back)

OR

Mail to Agency for Integrated Care

1b

- I. A copy of Care recipient's NRIC (front and back)
- II. Please write the following on the NRIC copy:
 - "Change of Address"
 - New address (If the NRIC copy does not reflect the updated address).
 - Requestor's name and contact
- III. Mail the document to:

Agency for Integrated Care
7 Maxwell Road #04-01
MND Complex Annex B
Singapore 069111

OR

Walk-in to AICareLink

1c

- I. A copy of Care recipient's NRIC (front and back)
- II. Please write the following on the NRIC copy:
 - "Change of Address"
 - New address (If the NRIC copy does not reflect the updated address)
 - Requestor's name and contact
- III. Submit the document at any of our AICare Links in the attached annex

**Our AICare Links are
located at:**

AICare Link @ Maxwell

7 Maxwell Road
#04-01

MND Complex Annex B
Singapore 069111

*Above Amoy Food Centre
(Near Tanjong Pagar MRT Station)*

Mon-Fri: 8.30am to 5.30pm
Closed on weekends and public holidays

AICare Link @ Changi General Hospital

2 Simei Street 3
Singapore 529889

*Discharge Lounge at
Main Building Level 1, Atrium
(Near Simei MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 9am to 12.30pm
Closed on Sundays and public holidays

AICare Link @ Khoo Teck Puat Hospital

90 Yishun Central
Singapore 768828

*Patient Service Centre,
Tower B, Level 1
(Near Yishun MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 8.30am to 12.00pm
Closed on Sundays and public holidays

AICare Link @ National University Hospital

5 Lower Kent Ridge Road
Singapore 119074

*Main Building Lobby B, Level 1
(Near Kent Ridge MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 9am to 12.30pm
Closed on Sundays and public holidays

AICare Link @ Ng Teng Fong General Hospital

1 Jurong East Street 21
Singapore 609606

*Tower B, Level 2
Near Visitor Self-registration Kiosk
(Near Jurong East MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 9am to 12.30pm
Closed on Sundays and public holidays

AICare Link @ Singapore General Hospital

Outram Road
Singapore 169608

*Block 6, Level 1, beside Kopitiam
(Near Outram MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 9am to 12.30pm
Closed on Sundays and public holidays

AICare Link @ Tan Tock Seng Hospital

11 Jalan Tan Tock Seng
Singapore 308433

*CareConnect, Level 1, Atrium
(Near Novena MRT Station)*

Mon-Fri: 9.30am to 5.30pm
Sat: 9am to 12.30pm
Closed on Sundays and public holidays

For more information, please visit www.silverpages.sg or
Call Singapore Silver Line at **1800-650-6060**

Please bring along the care recipient's and your NRIC during your visit to our AICare Link for verification and documentation. We will take these personal data with the strictest confidence and use it solely for scheme/services application, coordination of care and service quality/development.